Free Two-Day Training

Mentally Ill Offender

Vicarious Trauma in Your World

Trauma Informed Care

Skills for Stress Management

May 18 - May 19, 2020

Mammoth Lakes Fire Department 3150 Main St

8:00 a.m. – 5:00 p.m. each day



**Mentally Ill Offender**

Topics covered will include overview of psychological concepts, personality

development and mental illness, competence, legal tests, psychosis, case studies,

sanity and legal test, psychological issues, - and other types of mentally ill

offenders, treatment options for the mentally ill offender, and placement

options for the mentally ill offender.



**Vicarious Trauma in Your World**

This course will focus on understanding vicarious trauma and the emotional exposure

 that can occur from hearing other people’s traumatic stories. The goal is to create

awareness for professionals working with traumatized people, caretakers often

self-neglect, try to emotionally tough it out, and deny their personal needs.

**Trauma Informed Care**

Trauma Informed Care enables the individual to assess their own emotional injuries,

while examining the connection between their childhood maltreatment, also called

Adverse Childhood Experiences (ACE) and gain a better understanding of how those

experiences directly shape one’s behavioral outcomes. While using a student-centered

techniques, students will learn real outcome-based strategies and how to best apply

trauma informed care. These self-assessment techniques are specifically designed

to empower the individual to move beyond their history of trauma.

**Skills for Stress Managemen**t

Combining modern scientific information on brain physiology and

ancient wisdom from eastern philosophies, this course will be an active

participation course on how to live a healthier, stress reduced life.

Benefits of utilizing these stress management skills by probation

officers can improve cognitive functioning, have fewer inter-personal

conflicts and better physical and psychological health.

**RSVP or Questions contact: JAZMIN BARKLEY (760) 924-1764**

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