



MONO COUNTY HEALTH DEPARTMENT

Public Health

P.O. BOX 476, BRIDGEPORT, CA 93517 PHONE (760) 932-5580 • FAX (760) 932-5284
P.O. BOX 3329, MAMMOTH LAKES, CA 93546 PHONE (760) 924-1830 • FAX (760) 924-1831

Eastern Sierra Substance Use Project

A group of people and agencies seeking to reduce the harmful impacts of substance use in Eastern Sierra communities

Tuesday, November 4, 2020

10-11:30am

<https://monocounty.zoom.us/j/8523894939>

Agenda:

- I. Meeting will be recorded, please mute yourself unless speaking.
Welcome and Introductions: In the chat box, chat your full name and which organization you represent or state “no affiliation” or “community member”
- II. Review Substance Use Taskforce Website and social media updates (10 min)
 - Ongoing changes, trainings (on-demand/recorded or live)
 - Added Mammoth Hospital links for behavioral health resources, Inyo’s harm reduction Facebook link and Eastern Sierra Substance Use Project Facebook link.
 - In process of making the Narcan site a substance use resource page that will be more user friendly to the community.
 - Upcoming Events on Website:
 - Local Virtual Conference: Eastern Sierra Substance Use Conference (virtual): December 2, 2020**
 - Non-local Virtual Conference:**
 - 2020 National Opioid Leadership Summit. December 8-9, 2020. *Learn, share and collaborate with colleagues from across the country on real solutions to the opioid crisis that bridge criminal justice, health care and public health sectors.***
 - HARM REDUCTION EDUCATION ON-DEMAND:**
<https://harmreduction.org/our-work/training-capacity-building/online-training-institute/>

CMSP grant can pay for registration fee if your agency does not have the available funds to pay for a substance use related training or conference.

III. Open discussion about syringe exchange program (updates from Mono Co. Behavioral Health? Or Problem solve needle exchange solutions either temporary or long-term solutions (20min)

IV. Open Discussion: Discuss having Narcan Distribution/Substance Use Educational event (30min)

- One-time event or promote to having pick up event at Health Department or other community locations every Friday? Individuals can come into lobby area to pick up a bag. Can still provide incentives to encourage people to come.
- Location: At Sierra Nevada Resort (?) and expanding to an Eastern Sierra event tour that can be posted throughout the county (Benton, Walker, Big Pine etc.)
- Dates: Updates on potential dates
- Agency updates on potential contributions to event
- Mammoth Mountain able to participate or have an employee event/orientation in which Narcan can be distributed. Narcan in each employee housing (?)
- -Educate public about extended expiration date for Narcan/Naloxone: <https://healthcrisisalert.com/news/21857-fda-approves-extended-shelf-life-for-narcan-nasal-spray/>

V. Mini Virtual Conference on Substance Use for providers and community members on December 2, 2020. (15min)

- Vitka Eisen, Health Right 360
Arlene and Marlies Perez, Inyo
Panel of community members that open to sharing lived experiences (Such as stigma and barriers to care)
- Open to other recommended speakers, professional speakers or members of the community that would like to present
 - Open sessions for speakers (4-5), will fill with local speakers first. If not filled by November 15th, will fill



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sessions with non-local speakers. Let Jacinda know if you have suggestions for speakers (local or non-local).

- Email jcroissant@mono.ca.gov to provide recommendations
- Conference bags (registration required to receive bag but anyone can participate in the zoom meeting).

Subjects that were suggested by the group:

Harm reduction fundamentals

Community member lived experience- Arlene has some individuals in mind

Stigma reduction

Motivational Interviewing

Behavioral Health Provider speaker

Evidence based treatments beyond medication

-All would be invited to attend from community members, Justice partners, MLPD. Should promote event far and wide!

VII: Community Roundtable (remaining time):

Share updates, needs, and/or concerns related to substance use within agencies or communities

**No meeting in December, virtual conference will substitute meeting.
Next meeting will be January 6, 2021, 10-11:30am (Wednesday)**