



CSA #1

Summer Community Classes 2016

Cardio Sculpt: Mon 5:30-6:30pm

Instructor: Rachele Jaeger

June 13, 20

July 11, 18, 25

August 1, 8, 15, 22, 29

Mommy Bootcamp: Tues 10-11am

Instructor: Rachele Jaegers

June 14, 21, 28

July 12, 19, 26

August 2, 9, 16, 23, 30

Pilates: Tues 8-9am

Instructor: Tessa Coker

June 14, 21, 28

July 12, 19, 26

August 2, 9, 16, 23, 30

Fencing: Thurs 6:30-7:45pm

Instructor: Rick Stroud

June 16, 30

July 14, 21, 28

August 4, 11, 18, 25

Yoga: Thurs 5-6:15pm

Instructor: Tessa Coker

June 30

July 7, 14, 21, 28

August 4, 11, 18, 25

CSA 1

The CSA 1 is offering these classes to the public. Anyone can attend but those residents living in the district can attend free of charge. If you live Northwest of the Geothermal Plant and South of Sunnyslopes/Tom's Place then you reside outside the district and will be required to pay a nominal fee of \$5 per class. All classes are held at the Crowley Lake Community Center unless otherwise noted.

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www.monocounty.ca.gov/csa1