

# Senior Services – Fall 2020 Needs Assessment



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- Phone interviews conducted by staff with participants of Home Delivered Meal Program
- 30 clients interviewed
- 21 reside in North & South Mono County
- 9 reside in the Tri-Valley Area
- Majority are homebound



## *Topics included:*

- *Access and Functional Needs*
- *CODE RED*
- *Virtual Activities*
- *CalFresh Program*
- *COVID 19*

# Access and Functional Needs

“Are you aware of the **Mono County Access & Functional Needs** database?”

“Would you like to be added?”

- 23 needed data verification and/or to be added to database
- 5 Tri-Valley clients were interested
- Staff provide enrollment assistance and on-going updates



## Code Red Alerts

- 15 participants already enrolled
- 13 participants received enrollment assistance

## Cal-Fresh

- 7 participants currently receive CalFresh
- 4 need follow up information



# Activities and Accessibility

Questions: 

*Are you interested in Virtual Activities?*

*Do you have a computer or device and internet access?*

*If not, would you be interested getting at no-cost or shared-cost?*

- 18 Senior participants currently own a computer or tablet
- 12 do not own a computer or tablet
  - 8 are interested in equipment and internet service if available no-cost
- 14 Senior participants are interested in learning/participating in virtual activities
- Some of the activities mentioned or suggested:

Bingo ~ Crafts ~ Social Groups ~ Computer classes ~ Exercise classes



# Pilot Program



*Virtual Crafts & Social Hour*

*~ Coffee and Tea with Me ~*

*Pat Espinosa, Senior Services Program Mngr*



*Launching November 2020*



# COVID 19 & You

Quarterly check-ins:

*“How are you coping with the pandemic?”*

Majority of respondents answered:

- Adjusted with minimal effect to their physical & emotional health.
- Felt gratitude for
  - home delivered meals,
  - assisted transportation,
  - regular contact with staff
  - resources program provides.



**Questions/Suggestions?**  
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