Meeting Minutes:

**Behavioral Health Advisory Board Meeting**

**Monday August 14, 2023, from 3:00-4:30**

In-person locations (required for BHAB members):

Mono County Civic Center: Dana Room (2nd floor)   
1290 Tavern Road Mammoth Lakes, CA 93546

Bridgeport Memorial Hall  
73 North School Street Bridgeport, CA 93517

Hybrid Zoom Option:<https://monocounty.zoom.us/j/7609242222>  
Call in: +1 669 900 6833  
Meeting ID: 760 924 2222

Roll Call: Stacy Corless, Lynda Salcito, Rolf Knutson, Carolyn Balliet, Stacey Powells, Dirk Addis, Marcella Rose, Ingrid Braun

1. Public Comment - none
2. Approval of minutes from June 12th, 2023 (Action)
   1. Discussion: request to spell out acronyms at the initial use for future minutes. Request for a glossary of terms.
   2. Carolyn Baillet move to approve minutes from July 12, 2023 Behavioral Health Advisory Board (BHAB) meeting. Second by Lois Klein.
   3. Motion passed unanimously.
3. Mono County Behavioral Health Department (MCBH) Updates
   1. Community Programming
      1. Wrapping up our summer schedule
      2. Created countywide wellness calendar in addition to localized calendars
      3. Working on a fall 2023 schedule – school, new management at Walker Wellness Center, hoping to finalize this week so it can be published in advance of September 2023-
      4. Notable changes/additions – addition of online parent project, enhanced senior outreach with Walker Senior Center, enhanced yoga/mindfulness in schools, LBGTQ potluck moving to 3rd Sunday of the month, gaining traction with Circulo de Mujeres (Spanish language women’s support group)
      5. Benton wellness associate resigned. Will post job and hold recruitment. Please have interested parties contact Lauren Plum.
      6. Lauren to reach out to Michelle Raust to add Parent Project programming to Community Prevention Plan
      7. Krista Cooper – overseeing Walker Senior Center, Cassidy Miles onsite supervisor.
      8. Outreach Efforts:
         1. Language festival with Bridgeport Indian Colony, TANF, and Owens Valley Career Development Center
         2. Breastfeeding Awareness Month events this week
         3. Overdose awareness event – 8.31.23, Volcom Bro Skate Park, 5-7pm
         4. Health and Safety Fair, sept 9, shady rest park, 10-12
         5. Latin Heritage Month Celebration – Sept 15, 5:30-7pm, Mammoth Middle School MPR
         6. Hispanic Outreach Forum with Mammoth Lakes Police Dept (MLPD), tbd
         7. Potential outreach with MMSA for recovery month (Sept)
   2. Electronic Health Record (EHR)/INNovation Project (INN project in collaboration with California Mental Health Services Authority (CalMHSA), see below for more info)
      1. Historical: Mono County Behavioral Health joined an Innovation Project with 23 other counties in California to create an Electronic Health Record system designed for Behavioral Health departments. This program is being facilitated by CalMHSA (California Mental Health Services Authority). CalMHSA is a Joint Powers of Authority (JPA) formed in 2009 by counties throughout the state to work on collaborative, multi-county projects that improve behavioral health care for all Californians. By pooling resources, forging partnerships, and leveraging technical expertise on behalf of counties, CalMHSA develops strategies and programs with an eye toward transforming community mental health; creates cross-county innovations; and is dedicated to addressing equity to better meet the needs of our most vulnerable populations.
      2. New EHR system went live on July 3 after much effort, training, and collaboration led by staff member Danielle Murray. There have been hiccups but overall, it’s going well. Still working out how to save time on time tracking, starting to bill, and starting to run reports
      3. EHRs are the bones of operation. Hoping this system serves us and our clients well.
      4. This particular EHR was built from small county perspective
      5. We are one of 23 other counties in California utilizing this system which allows us to pool data across other agencies, stay up to date with regulatory and funding changes in a timely manner. CalMHSA offers enhancements at affordable prices to address changes for fiscal and regulatory policy.
   3. County budget update
      1. Publicly funded, process for Mono County to spend public dollars, Mono County Board of Supervisors (BOS) voted to bless the budget, budgeting process tends to be tedious and convoluted. It is a challenge to understand our obligations. Ever evolving process.
      2. Thursday, August 10m 2023 – Budget Hearing
         1. County Administrative Officer’s (CAO’s) recommended budget – including new positions was blessed.
         2. New CAO starts August 21 so this process has been facilitated by interim CAO Mary Booher
         3. Behavioral Health asked for a variety of positions, some reallocations, some new positions to fit needs of the department.
         4. Next meeting on September 12, 2023 where BOS finalize budget.
      3. Discussion on Budget process and timeline
      4. MCBH is separate from General Funding from county.
      5. MCBH met with board leading up to BOS Budget Hearing to educate BOS on BH functions and needs.
      6. Future Agenda Item: BHAB presentation to BOS
   4. Medi-Cal Site Certification Visit
      1. Department of Healthcare Services (DHCS) is required to inspect physical space for services as a medi-cal funding recipient.
      2. Scheduled to be on site September 8, 2023. Was scheduled to be on site in August and rescheduled at the last minute
      3. Civic Center experiencing HVAC issues with heating and air conditioning that were so great there were concerns about passing inspection.
   5. North Star Counseling (MHSSA Grant/MHSA PEI Funds)
      1. MHSSA: Mental Health School Services Act
      2. MHSA PEI Funds: Mental Health Services Act Prevention Early Intervention Funds
      3. Mono County Behavioral Health (MCBH) has met with Mono County Office of Education (MCOE) throughout the summer to ensure a fall launch.
      4. This program provides therapy for young people, groups for less severe or trends in student need, grant compliance, clinical requirements being met to our standards.
      5. Offices on almost all school sites, Eastern Sierra Unified School District (ESUSD) does lack an official counseling and will utilize unused space at the time of service (empty classroom or conference room)
      6. Students are pulled out during class, work with front office to do a rotation to minimize impact to class time
      7. Discussion on MHSA (Mental Health Services Act) reform and impact to this program
      8. Background info on MHSA reform being discussed at State level.
      9. Discussion on advocacy efforts and political palatability
      10. Discussion on housing for unhoused
      11. Small county (200,000 or less)
      12. Frontier county (20,000 or less)
4. Quality Improvement Discussion Topic
   1. Discussion of External Quality Review recommendations
      1. EQRO Audit in May (External Quality Review Organization)
      2. Annual requirement from Medi-Cal as the designated Mental Health Plan (MHP)
      3. In-person audit: one whole day with us; our team provides them with local data, organize focus groups; Provided us with a list of recommendations for improvement;
         1. Service verification calls: recommendation to come up with a standardized script to better explain the calls
         2. EHR tracking improvement.
         3. EHR diagnostic input improvement – log jam of admin tasks
         4. People really like Inyo Wellness Center in Bishop (can drop in, cook dinner, take showers, do laundry); don’t have open drop-in space in Walker; we are looking into the option to install laundry in Mammoth; looking into options for laundry in Mammoth; Carolyn provided input on a program through Social Services with Mammoth Laundromat; according to local sources, installing an ADA shower unit into a building costs approximately $50,000; county community centers could serve as a place to drop in and cook – if we did this could work with IMACA on food stores
         5. Provide an orientation for new beneficiaries (including folks on telehealth) – include providing a more consistent wellness center calendar; have put together a county-wide wellness center calendar (4 pages long in English and Spanish) – available at our front office, partners all have access, on our website;
      4. Take aways: doesn’t seem like they gave you too many big things to work on; overall it was a good review.
   2. Other discussion items
      1. Mobile Crisis Response scheduled for the week of August 21, 2023
         1. BHAB can request more information on this project including presentation on Mobile Crisis Unit Update, demonstration, viewing body cam footage from a call.
      2. Mammoth Lake PD rep for Board
         1. Discussion
         2. Wait for official appointment before extending invitation
5. Board Member Reports
   * 1. Ingrid
        1. Some extra funding surprise money over next 5 years for Incompetent to Stand Trial (IST) individuals
           1. $200k/year (2 positions) over 5 years
           2. Treat within facility and hire extra personnel.
        2. Mobile Crisis Treatment Training
     2. Rolf
        1. Visited a family member who needs extra support but is not seeking support. Discussion on support and avenues available.
     3. Stacy Corless
        1. Van life parking program in works – safe space to park camping vehicle with amenities.
     4. Lois Klein
        1. Mammoth Lakes Foundation – student scholarship
           1. Welcome back Thursday, school starts Monday, participate in regular check ins with recipients.
        2. Rotarian
           1. MCBH to present on mental health this fall
     5. Stacey Powells
        1. Thursday – Robin guest on tv show “Slightly Filtered” and Sandra Moberly Sierra Wave Media – 1x per week, Laughing Parrot Productions
        2. Excellent care at Mammoth Hospital with recent health scare
     6. Carolyn Baillet
        1. ER with mental health issues – need stronger support for discharge instructions and follow up
     7. Lynda Salcido
        1. Foot injury is taking longer to heal
        2. Working on County budget
     8. Marcella Rose
        1. Event Saturday, Building Resilience, Rene Hartsman, Mammoth Lakes Library
        2. Connections Mammoth Lakes Housing – tents
           1. Stay limits on land
        3. Camp like a pro instruction program
     9. Dirk Addis
        1. Discussion on unhoused population in ski resort areas and stay limits on public lands
        2. Sunday Senior Doughnut Drop In (SSDDI) observation that Looney Bean attracts more attendees. Perhaps seniors are more familiar with that location.
        3. Lesbian, Bisexual, Gay, Transgender, Queer (LBGTQ) barbeque
           1. June: 16 attendees
           2. July 2 attendees
6. Confirm date and adjourn to next meeting
   1. Discussion on next meeting date due to County conflict
   2. **October 18, 2023: 3:00 – 4:30pm (note this is the 3rd Wednesday due to Indigenous Peoples’ Day on the 2nd Monday)**

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In compliance with the Americans with Disabilities Act, anyone who needs special assistance to attend this meeting can contact the Behavioral Health Department at 760-924-1740 within 48 hours prior to the meeting in order to ensure accessibility (see 42 USCS 12132, 28CFR 35.130). MONO COUNTY BEHAVIORAL HEALTH DEPARTMENT P. O. BOX 2619 MAMMOTH LAKES, CA 93546 (760) 924-1740 FAX: (760) 924-174