

Behavioral Health Department

DEPARTMENT MISSION STATEMENT

Our mission at Mono County Behavioral Health (MCBH) is to encourage and help facilitate recovery through Whole Person Care and community connectedness. Our services are strengths-based and client-centered. We strive to create a safe and welcoming environment to serve all with dignity, respect, and compassion.

Our vision is to promote healthy living and improve the quality of life for all members of our community.

DEPARTMENTAL (or Division) OVERVIEW

Mono County Behavioral Health (MCBH) offers mental health and substance use disorder (SUD) treatment services throughout Mono County. In addition to these services, MCBH provides community programming with the goals of reducing stigma, increasing access to services, and promoting wellness.

CHALLENGES, ISSUES and OPPORTUNITIES

Mono County Behavioral Health continues to grow programs in our communities. We have added staff dedicated to the northern part of Mono County to provide wellness programs, enhance school mental health responses, and increasing services for Seniors. With our recent departmental restructure, we have increased mental health, SUD, and telepsychiatry services for individuals and families.

Mono County Behavioral Health (MCBH) has taken the lead in addressing the disparities in our Latino and Native communities. We have developed a Cultural Outreach Committee and a Covid-specific Latino Outreach program to respond to the needs of our communities, and begin our county's desire for an anti-racism 'dialogue' with the Board of Supervisors, and all county staff. We have department staff actively involved with the county sponsored JEDI.

We are in the process of creating a Training and Professional Development Institute within our department. Our Institute will provide all state mandated trainings for all staff and provide learning opportunities to enhance professional development. Our Institute will also be dedicated to offering trainings to other county departments and community partners, when appropriate.

We continue to build a robust Harm Reduction program. We have dedicated staff to this program in an effort to meet the concerns about increased overdoses, and to provide these services in our outlying areas.

Much of our work overlaps with other county entities which allows us to work collaboratively with Public Health, Child Welfare, Social Services, Probation, Sheriff, Medics, related to WRAP and provide crisis responses for the county.

We are set to begin the Crisis Now program (creating a response system to address psychiatric crises in remote areas) with the Sheriff's Department and Medics, with MCBH taking the lead for this program.

Specifically related to Covid, MCBH has dedicated staff to the EOC and JIC. MCBH's staff is also participating in Contact Tracing as requested by the Public Health Department. This places an extra strain on our system, but we are addressing this issue as we continue to meet all requirements and mandates, while we simultaneously monitor any extra strain on our staff and department resources.

We have created a robust "mapping process" where staff work to identify a variety of gaps and/or overlaps within the department and our staffing. This process has helped to drive our understanding of where we

need to add staff and/or restructure our internal organization. As a result, we will continue our restructure process, address our service delivery and administrative responsibilities, while also determining where we can use consultants, where the department needs added staff and/or where we need to shift responsibilities.

CORE SERVICE AND PROGRAM DESCRIPTION

MCBH provides the following core services: therapy, case management, telepsychiatry, rehab aide, SUD counseling, mandated services (DUI and Batterers Intervention), Harm Reduction services, services for those in our jail, in-patient SUD placement, evaluation for psychiatric emergencies and other crisis, WRAP around services, school based services, and prevention and early intervention. We are committed to provide all of our services in Spanish by bi-lingual, bi-cultural providers. As well as being the LPS Conservator, overseeing those who are unable to care for themselves related to a mental health condition, MCBH provides help with housing those who are chronically homeless and/or living with insecure housing. The department is actively working with a development partner to construct 8-12 units of permanent supportive housing in Mammoth Lakes for individuals with mental illness.

MCBH also offers a variety of programs including Wellness Centers in Walker and Mammoth, community socials, school-based counseling, SUD prevention, suicide prevention, staff training and professional development, transitional housing, housing development, response to COVID-19 through social media and responding to other community needs.

MCBH will continue to expand services throughout the county as needed.

DEPARTMENTAL (or Division) ACTION PLAN FOR 2021-2022

MCBH is committed to providing services throughout the county and is adjusting, along with other county departments, around the needs and changes that are connected to living during a pandemic.

- Maintain all required services through out the county and adapt to Covid-19 related needs throughout the year.
- Continue to address the departmental Restructure process.
- Increase stakeholder engagement in each community to tailor services and programs related to changes in communities related to Covid-19.
- Work closely with community and county partners to address needs within the working community, including underserved or economically disadvantaged.
- Continue housing projects in Mammoth Lakes and Walker, CA.
- Begin Innovation Project, Crisis Now, in partnership with Mono County Medic and Sheriff departments.
- Work on Racial Equity within the department and county through our Cultural Outreach Committee
- Provide staff to work on EOC and JIC as needed
- Work with partners on County Wellness projects
- Work with all three school districts to provide school-based services
- Provide daily community wellness programs via Facebook Live.
- Create a “Fiscal Strategic Plan” with the addition of state level consultation services.

Behavioral Health

Core Services

		Mandated?	
1	Mental Health Services	Provide services to individuals, families, groups. Counseling, Case management, telepsychiatry, rehabilitation aide, support groups.	Y
		Provide linkage to Social Services and Public Health	Y
		Crisis Team to evaluate persons with psychiatric emergencies in the Mammoth Emergency Room. Follow up once a person is placed in locked facility	Y
		Implement Cultural Competence Plan, including core internal racial equity work and participation in county-wide JEDI Committee	Y

		Mandated?	
2	Substance Abuse Treatment	Provide services to residents. Counseling, intensive out patient, Case Management, groups. Linkage to in patient treatment when needed.	Y
		Provide mandated services. DUI first and multi-offender, 52-week Batterers Intervention group and individual. Spanish and English.	Y
		Continued expansion of harm reduction project	Y
		Provide group and individual counseling in the county jail.	N

3	Mental Health Services Act (MHSA)	Outreach and engagement to outlying communities and expand wellness center programming.	Y
		Housing support for those who meet regulations	Y
		Innovation projects--, Multi-County Technology Collaborative, Crisis Now Learning Collaborative	Y
		Workforce Training and Development	Y

4	Expanded Services	WRAParound for 'at-risk' youth and families. Collaboration with probation and child welfare for Child and Family Teams, including using the CANS instrument	Y
		Housing project in Mammoth Lakes to provide affordable and Permanent Supportive Housing	N
		Increase administrative capacity to ensure compliance and promote active quality improvement	N
		Continue partnering with Public Health and DSS as we transition to the next stages of COVID-19 response	N

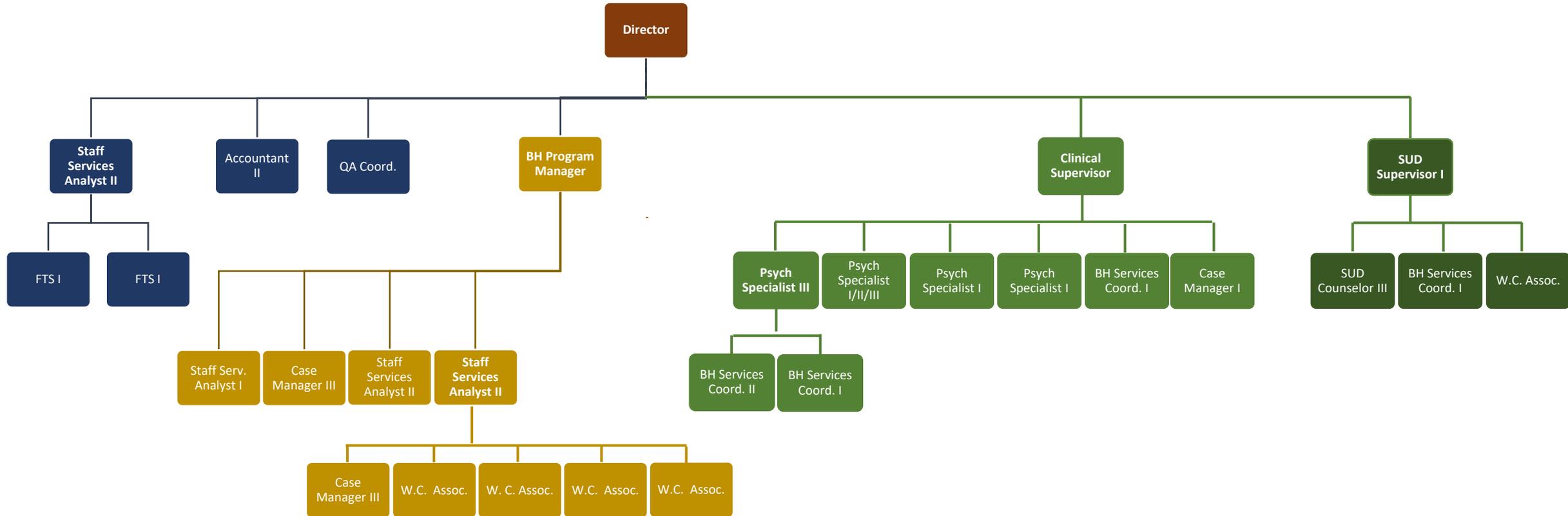
5	Prevention/Early Intervention	Life Skill Training Substance Use Prevention curriculum in all schools	Y
		Funding for PeaPod through First Five	N
		Pending school policies, return to providing school-based counseling services and build resilience among students through increased school-based staffing.	N
		Partner with DSS to expand services for isolated seniors.	N

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Behavioral Health

Departmental Organizational Chart

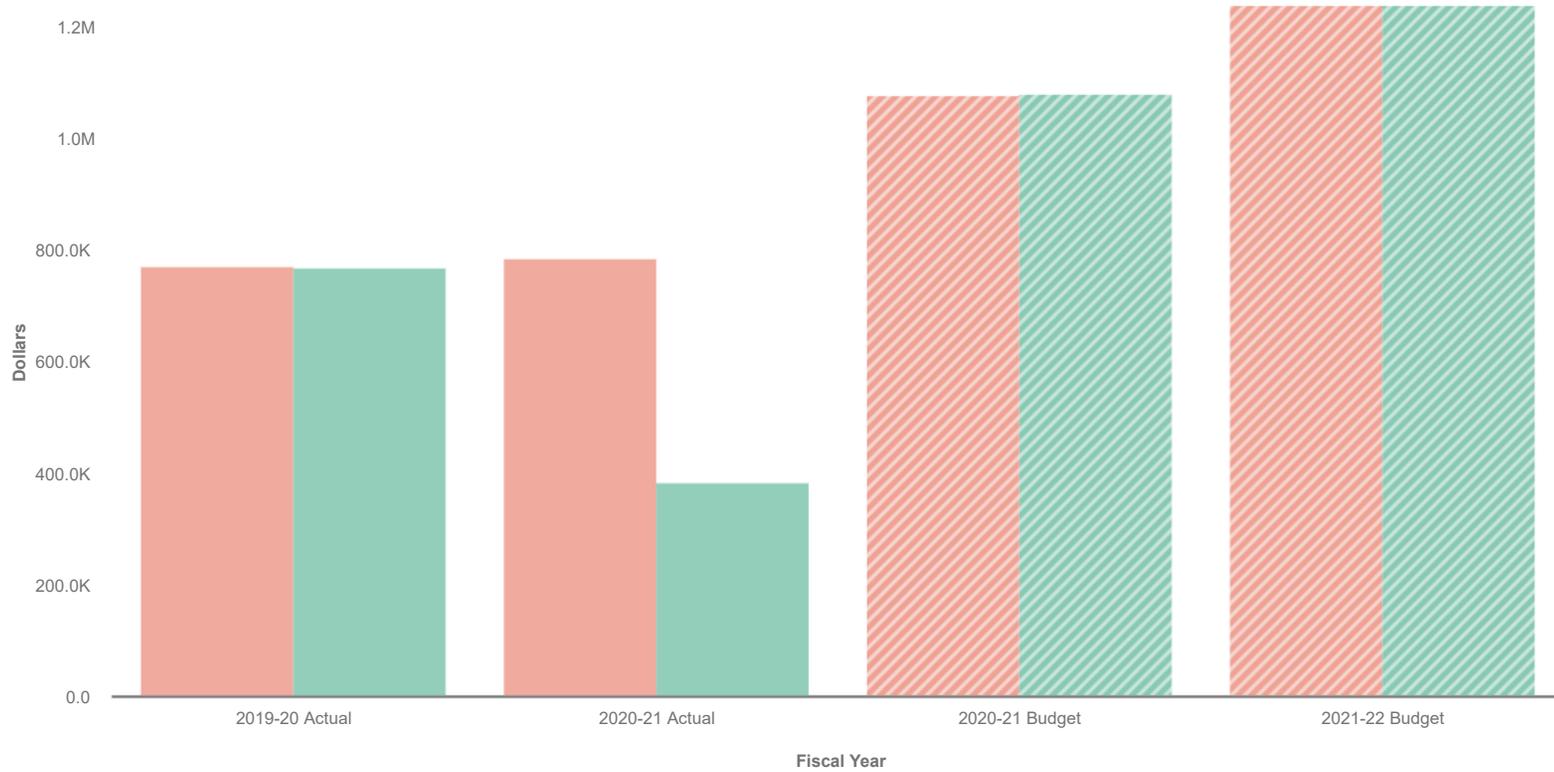


0. 2021-22 Recommended Budget

BEHAVIORAL HEALTH 120-41-840



Visualization



Sort Large to Small

- Expenses
- Revenues

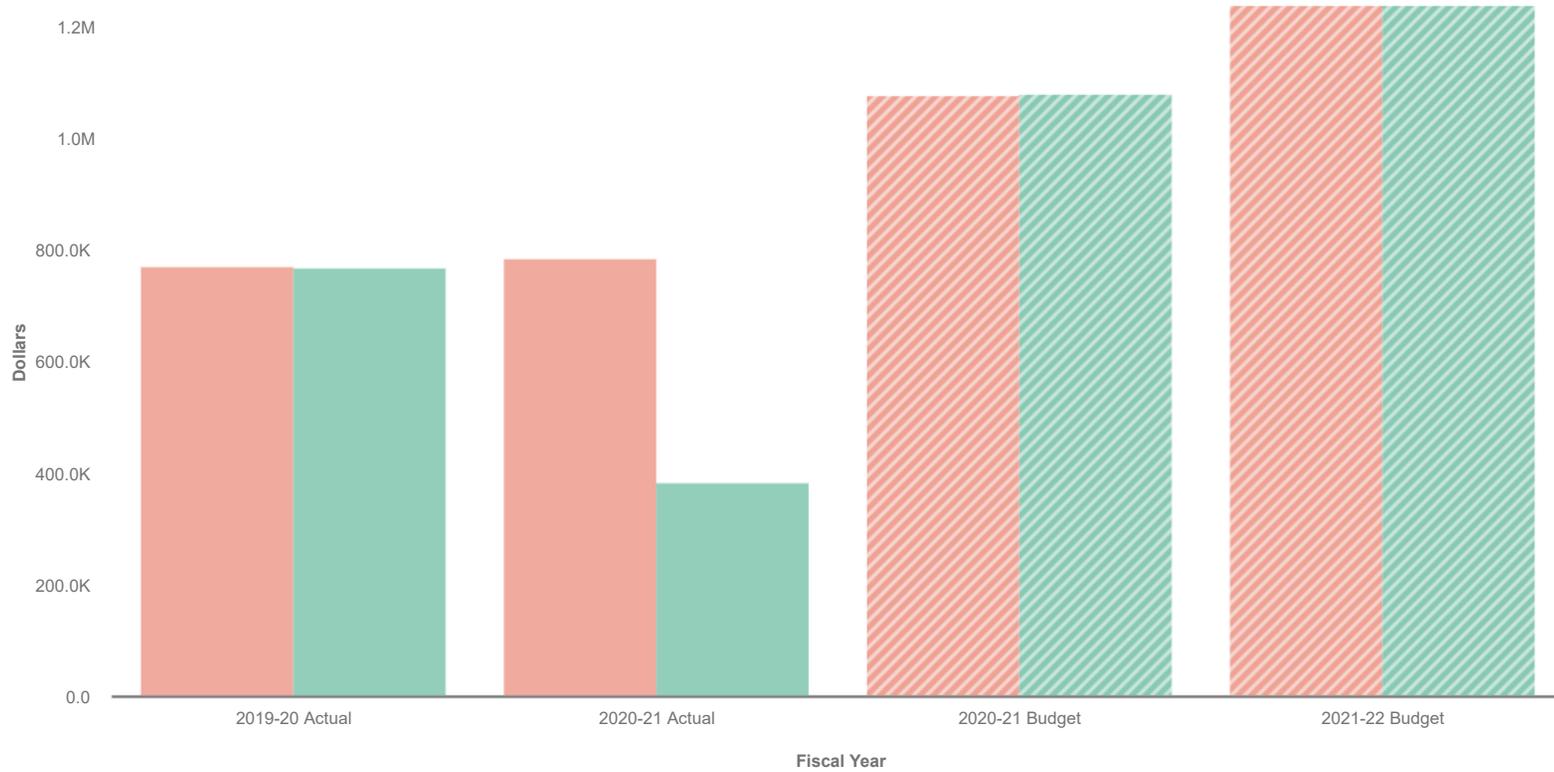
Collapse All	2019-20 Actual	2020-21 Actual	2020-21 Budget	2021-22 Budget
▼ Revenues	\$ 770,498	\$ 384,760	\$ 1,081,460	\$ 1,237,285
▶ Intergovernmental	626,078	274,435	422,157	422,157
▶ Transfers In	55,007	45,516	558,426	750,128
▶ Charges for Services	81,119	61,565	71,000	60,000
▶ Miscellaneous Revenues	150	0	24,877	0
▶ Fines, Forfeitures & Penalties	8,144	3,244	5,000	5,000
▼ Expenses	771,839	786,873	1,078,605	1,237,285
▶ Salaries & Benefits	505,917	543,482	634,442	795,982
▶ Services and Supplies	265,921	243,391	444,163	441,303
Revenues Less Expenses	\$ -1,341	\$ -402,114	\$ 2,855	\$ 0

0. 2021-22 Recommended Budget

2. Alcohol & Drug Program 120-41-84



Visualization



Sort Large to Small

- Expenses
- Revenues

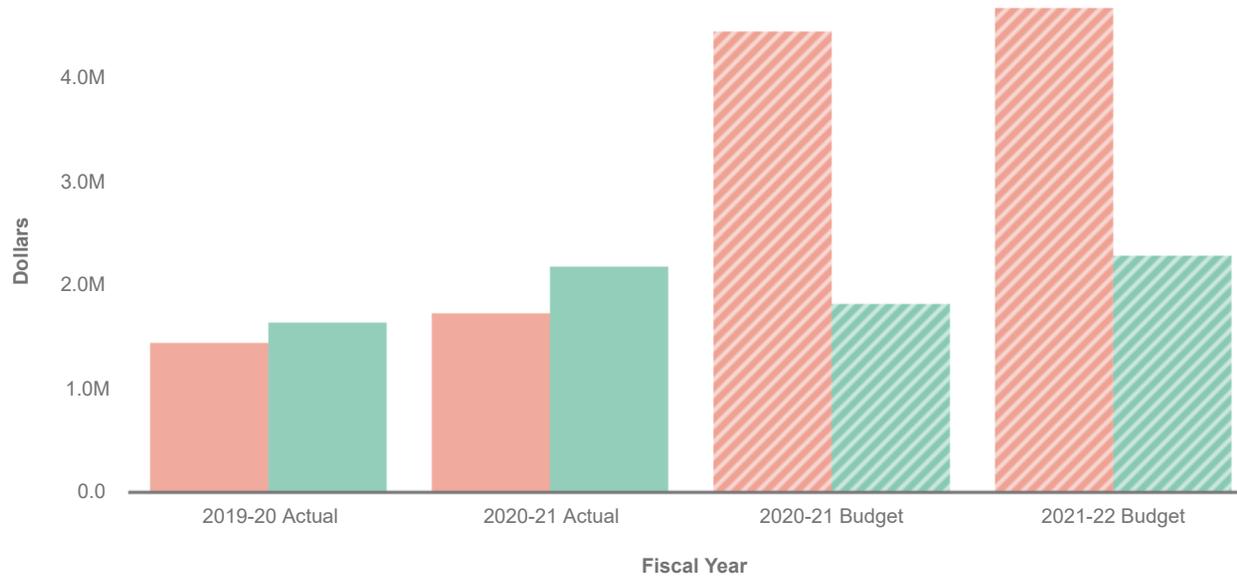
Expand All	2019-20 Actual	2020-21 Actual	2020-21 Budget	2021-22 Budget
▶ Revenues	\$ 770,498	\$ 384,760	\$ 1,081,460	\$ 1,237,285
▼ Expenses	771,839	786,873	1,078,605	1,237,285
▶ Salaries & Benefits	505,917	543,482	634,442	795,982
▶ Services and Supplies	265,921	243,391	444,163	441,303
Revenues Less Expenses	\$ -1,341	\$ -402,114	\$ 2,855	\$ 0

0. 2021-22 Recommended Budget

3. Mental Health Services Act 121-41-841



Visualization



Sort Large to Small

- Expenses
- Revenues

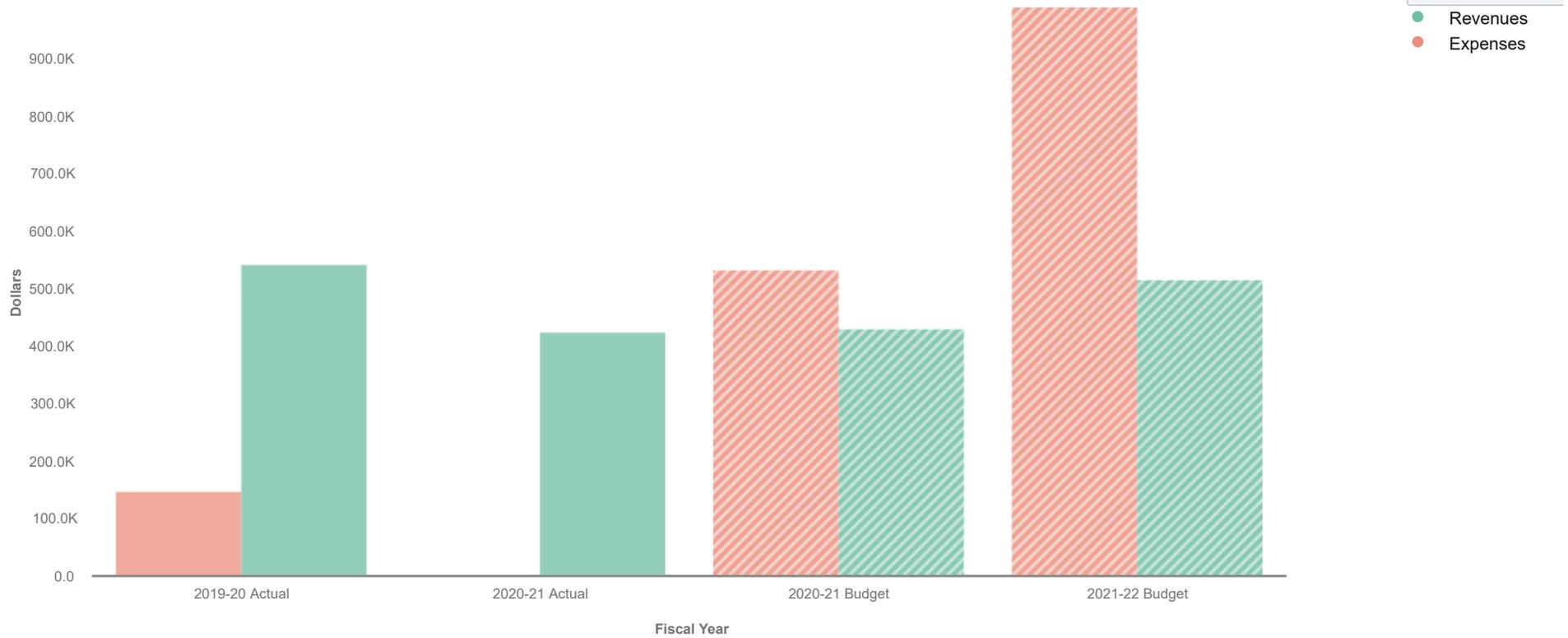
Collapse All	2019-20 Actual	2020-21 Actual	2020-21 Budget	2021-22 Budget
▼ Revenues	\$ 1,660,918	\$ 2,196,657	\$ 1,843,035	\$ 2,308,852
▶ Intergovernmental	1,499,589	1,954,064	1,713,242	2,163,852
▶ Interest & Rents	161,329	76,208	30,000	90,000
▶ Miscellaneous Revenues	0	116,232	49,793	0
▶ Transfers In	0	50,153	50,000	55,000
▼ Expenses	1,461,832	1,751,274	4,463,734	4,680,892
▶ Salaries & Benefits	965,639	1,060,706	1,219,551	1,709,921
▶ Services and Supplies	437,722	689,434	1,284,183	1,380,971
▶ Capital Outlay	58,471	1,134	1,840,000	1,540,000
▶ Transfers Out	0	0	120,000	50,000
Revenues Less Expenses	\$ 199,086	\$ 445,384	\$ -2,620,699	\$ -2,372,040

0. 2021-22 Recommended Budget

4. Behavioral Health Realignment 122-41-840



Visualization



Collapse All	2019-20 Actual	2020-21 Actual	2020-21 Budget	2021-22 Budget
▼ Revenues	\$ 542,557	\$ 426,261	\$ 430,397	\$ 516,850
▶ Intergovernmental	479,824	394,535	430,397	516,850
▶ Interest & Rents	62,733	31,726	0	0
▼ Expenses	148,060	0	533,426	989,684
▶ Transfers Out	0	0	533,426	989,684
▶ Capital Outlay	148,060	0	0	0
Revenues Less Expenses	\$ 394,497	\$ 426,261	\$ -103,029	\$ -472,834