

WALKER WELLNESS CENTER

MARCH 2013

The Wellness Center is OPEN TO EVERYONE in the community!!

Please join us for FREE & FUN activities!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
						DESCRIPTION OF EACH ACTIVITY IS ON THE BACK
3	4	5	6	7	8	9
	Open Studio 9:00am-10:30am Iris Folding Cards 10:30am-12:00pm	Encaustic Art 9:00am-10:00am Open Studio 10:00pm-11:00am	Open Studio 9:00am – 10:30am Walking for Wellness 10:30am – 12:30pm Kid's Art Corner 3:30pm-5:00pm			
10	11	12	13	14	15	16
	Encaustic Art 9:30am-10:30am Open Studio 10:30am-12:00pm For Women: Living with Less Stress 2:00pm-3:00pm	Open Studio 9:00am-10:00am Knitting Circle 10:00pm-11:30am	Open Studio 9:00am-10:30am Walking for Wellness 10:30am – 12:30pm Kid's Art Corner 3:30pm-5:00pm		Tentative Start Date for Garden Construction 	
17	18	19	20	21	22	23
	COMMUNITY GARDEN KICK OFF 12:00pm – 2:00pm	Encaustic Art 9:00am-10:00am Open Studio 10:00pm-11:00am	Open Studio 9:00am-10:30am COMMUNITY GARDEN KICK OFF 5:00pm – 7:00pm			
24	25	26	27	28		
A service of Mono County Behavioral Health and Proposition 63.	Open Studio 9:30am-10:30am Iris Folding Cards 10:30am-12:00pm For Women: Living with Less Stress 2:00pm-3:00pm	Open Studio 9:00am-10:00am Knitting Circle 10:00pm-11:30am	Open Studio 9:00am-11:30am Walking for Wellness 10:30am – 12:30pm Kid's Art Corner 3:30pm-5:00pm		Tentative Garden Construction Completed 	

The Walker Wellness Center is located at 107655 Hwy. 395 (Just across the Hwy. from the Country Store) Feel free to call us at (530) 495-2363!!

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