

WALKER WELLNESS CENTER

JUNE 2013

The Wellness Center is OPEN TO EVERYONE in the community!!

Please join us for FREE & FUN activities!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30						1
						DESCRIPTION OF EACH ACTIVITY IS ON THE BACK
2	3	4	5	6	7	8
	Walking for Wellness 9:30am – 11:30pm Bird Houses 1:30pm-3:00pm	Iris Folding Cards 9:00am-10:00am	Walking for Wellness 8:30am – 10:30pm Gardening in the Eastern Sierra & Organic Gardening 10:30am-12:30pm Kid's Art Corner 3:30pm-5:00pm			
9	10	11	12	13	14	15
	Walking for Wellness 9:30am – 11:30pm Iris Folding Cards 1:30pm-3:00pm	Open Studio 9:00am-10:00am Mommy's Time Out 7:00pm-8:00pm 	Walking for Wellness 9:30am – 11:30pm Kid's Art Corner 3:30pm-5:00pm		 14 JUNE FLAG DAY	TENTATIVE: How To Build a Raised Bed 9:00-10:30am Raised Bed Building Party 10:30am-4:00pm
	17	18	19	20	21	22
	WELLNESS CENTER CLOSED	Encaustic Art 9:00am-10:00am	Walking for Wellness 9:30am – 11:30pm Kid's Movie Corner 3:30pm-5:00pm			
23	24	25	26	27	28	29
A service of Mono County Behavioral Health and Proposition 63.	Walking for Wellness 9:30am – 11:30pm Encaustic Art 1:30pm-3:00pm	Open Studio 9:00am-10:00am Iris Folding Cards 10:00pm-11:00am Mommy's Time Out 7:00pm-8:00pm	Walking for Wellness 9:30am – 11:30pm Healthy Cooking Demo 11:30am-1:30pm Kid's Art Corner 3:30pm-5:00pm			

The Walker Wellness Center is located at 107655 Hwy. 395 (Just across the Hwy. from the Country Store) Feel free to call us at (530) 495-2363!!

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